

## GOOD PRACTICES

# (Re)Colher

THE A4 ASSOCIATION, WELCOME, ACCEPT, ACT, ADAPT, WORKS FOR A REAL SOCIAL AND LABOR REINTEGRATION IN THE AGRICULTURAL AND BASKETRY SECTORS OF PEOPLE WITH ALCOHOL-RELATED PROBLEMS IN RURAL AREAS.

### 1 Context: Portugal



- High rate of alcoholism in rural areas, especially in Arouca.
- There are no care services in rural areas to support those affected.

### 2 Target group



Unemployed people with an alcohol addiction.

### 3 Goal: Socio-labor inclusion in the primary sector



Reintegration into society and working life of people with alcoholism problems through farming and basket weaving. In addition, they have an individualised intervention and training programme that works on personal, social and professional skills.

### 4 Training & recovery of local production



1. Training on organic farming and recovery of local recipes.
2. Training in basket weaving and subsequent sale of products.
3. Psychosocial and legal support.
4. Farmer's Market: where local products are sold to obtain profit.

### 5 Multidisciplinary methodology



The intervention is implemented by a multidisciplinary team. We work both at individual level to prevent relapse, as well as at group and community level, having an impact on their families and the environment. The intervention includes technical training in basket weaving and organic agriculture, and in transversal and social skills. The project is the result of a partnership between 4 entities, all of them with fundamental contributions to the success of the program.

### 6 Results since May 2020



126 project participants successfully socio-labour reintegrated



The A4 Association was founded in 2017 with the aim of creating a solid structure able of assisting people with alcohol-related problems in rural areas.



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